

Internists are sometimes referred to as the “doctor’s doctor,” because they are often called upon to act as consultants to other physicians to help solve puzzling diagnostic problems. Their knowledge is not limited to one type of medical problem or organ system. They are specialists who apply scientific knowledge and clinical expertise to the diagnosis, treatment, and compassionate care of adults across the spectrum from health to complex illness.



Character: ISR



Investigative (Thinker) – occupations frequently involve working with ideas, and require an extensive amount of thinking. These occupations can involve searching for facts and figuring out problems mentally.



Social (Helper) – occupations frequently involve working with, communicating with, and teaching people. These occupations often involve helping or providing service to others.



Realistic (Do-er) – occupations frequently involve work activities that include practical, hands-on problems and solutions. They often deal with plants, animals, and real-world materials like wood, tools, and machinery. Many of the occupations require working outside, and do not involve a lot of paperwork or working closely with others.

Expertise

- **Science** – using scientific rules and methods to solve problems.
- **Complex Problem Solving** – identifying complex problems and reviewing related information to develop and evaluate options and implement solutions.
- **Judgment and Decision Making** – considering the relative costs and benefits of potential actions to choose the most appropriate one.
- **Inductive Reasoning** – combining pieces of information to form general rules or conclusions (includes finding a relationship among seemingly unrelated events).

Day-to-Day Tasks

- Treat internal disorders, such as hypertension, heart disease, diabetes, or problems of the lung, brain, kidney, or gastrointestinal tract.
- Prescribe or administer medication, therapy, and other specialized medical care to treat or prevent illness, disease, or injury.
- Explain procedures and discuss test results or prescribed treatments with patients.
- Analyze records, reports, test results, or examination information to diagnose medical condition of patient.

Work Setting

- Highly exposed to disease or infection.
- Daily engagement in a face-to-face discussion.
- Extremely important to be very exact or highly accurate

Knowledge

- **Medicine and Dentistry** – knowledge of the information and techniques needed to diagnose and treat human injuries, diseases, and deformities. This includes symptoms, treatment alternatives, drug properties and interactions, and preventive health-care measures.
- **Customer and Personal Service** – knowledge of principles and processes for providing customer and personal services. This includes customer needs assessment, meeting quality standards for services, and evaluation of customer satisfaction.
- **Therapy and Counseling** – knowledge of principles, methods, and procedures for diagnosis, treatment, and rehabilitation of physical and mental dysfunctions, and for career counseling and guidance.

Education

To be an internist (Dokter Spesialis Penyakit Dalam [Sp.PD]), you have to at least finish 4 years of Undergraduate program (S1 Kedokteran or Bachelor of Medical Sciences), 3 semesters of co-assistancy, 1 year of internship, and 9 semesters of Program Pendidikan Dokter Spesialis (PPDS) and residency in Indonesia.

Here are some degrees to be an internist:

- Dokter Spesialis Penyakit Dalam (Sp.PD), Universitas Indonesia, Indonesia
- Dokter Spesialis Penyakit Dalam (Sp.PD), Universitas Atma Jaya, Indonesia

Certification

- Internal Medicine Certification by American Board of Internal Medicine (ABIM)